

THE C.A.R. TECHNIQUE: YOUR SECRET INTERVIEWING WEAPON

This worksheet is meant to supplement the article found on TheHiredGuns.com. We recommend reading that article while doing this worksheet, which you can find [here](#).

Review: What Is C.A.R.?

- C = The Challenge
- A = The Action
- R = The Results

1. Identify one job description you're perfect for

2. Name your top 5 greatest hits that pertain to that job

3. Apply the C.A.R. Technique to your first hit

Challenge:

Action:

Result:

4. Apply the C.A.R. Technique to your second hit

Challenge:

Action:

Result:

5. Apply the C.A.R. Technique to your third hit

Challenge:

Action:

Result:

6. Apply the C.A.R. Technique to your fourth hit

Challenge:

Action:

Result:

7. Apply the C.A.R. Technique to your fifth hit

Challenge:

Action:

Result:

Going forward, the C.A.R. Technique will be your secret weapon for delivering succinct and compelling messages that will be remembered and get you hired. Over time, you'll find that the C.A.R. Technique will provide a framework for success that will allow you to stay on track, even during the most grueling interviews. You'll know that you actually delivered the goods by a well-thought-out convincing argument for why you're the one.



ENJOYED THIS LESSON?

(There's more where that came from.)

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